

# The Child and Teen Checkups (C&TC) Program

Hennepin County

Child and Teen  
Checkups



# Child and Teen Checkups (C&TC)

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- Preventive healthcare benefit
- For children and youth, newborn through age 20
- On Medical Assistance



# Eligibility

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- Children/youth ages 0–21
- On Medical Assistance
- Automatic with MA
- No separate application





# Goals of C&TC

- Identify potential health problems early
- Provide diagnosis, treatment and referral
- Encourage good health habits
- Find primary clinic for both medical and dental care

# Prevention is important!

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- Health problems can be hard to see
- They can affect growth, development and learning
- Important to treat early to prevent bigger problems later



# We help families...

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- Find a medical or dental clinic
- Schedule appointments at your clinic
- Arrange interpreter services and transportation to appointments
- Connect families to resources
- Reminder letters and phone calls

# Lead Based Paint

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- Houses built before 1978
- Children can
  - breathe or swallow the lead dust
  - eat paint chips
  - Elevated lead levels can lead to damage to the brain and nervous system



# C&TC Checkup Schedule



## **C&TC Checkup schedule:**

0-1 month

2 months

4 months

6 months

9 months

12 months

15 months

18 months

24 months

30 months

3 years

**and every year after!**



# C&TC Well Child Checkups

Completed at the primary care clinic

# Regular (Primary) Clinic is where...

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- You are comfortable and feel respected
- Your child's records are kept
- You and your child can develop a relationship with the clinic staff



# Go to your primary clinic for...

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- All C&TC well child checks
- Your child's shots (including the flu shot!)
- Care for occasional illnesses like earaches
- Routine care for illnesses like asthma



# Head to Toe Checkup

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- Physical exam
- Height/weight
- Lab work including lead testing at 12 and 24 months
- Immunizations
- Developmental and mental health screenings
- Education on child development and safety



# Hearing and Vision Checks

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- Part of every C&TC Checkup
- Children aren't aware of problems, as this is their "normal"





# Learning...

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- Children need good vision to learn:
  - How to recognize facial expressions
  - See the board at school
- Children need good hearing to learn:
  - How to talk
  - Hear their teacher at school

# Developmental Screening

- Screen for autism at 18 and 24 months
- Monitor how children are playing, learning, speaking, behaving and moving



How does  
your child...

- Experience feelings and play with friends?
- How safe do they feel to explore and learn?
- What are your concerns?

**Mental Health Matters**



# Fluoride Varnish

- Coating brushed on the teeth to prevent cavities
- Applied at the C&TC Well Child visit as soon as first tooth appears
- Every visit through age 5




# Preventive Dental Checkups

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- Every 6 months as soon as first tooth appears
- Start early to develop good dental habits
- Is a benefit of the C&TC program



# Child and Teen Checkups



Main Phone number 612-348-5131

Phone Hours M-F 8-4:30



To refer a family via our web form:

[Child and Teen Checkups \(C&TC\) Program | Hennepin County](#)

# Making a C&TC Referral via Web Page

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Child and Teen Checkups referral

HENNEPIN COUNTY  
MINNESOTA

Anonymous

## Child and Teen Checkups referral

Referral type

☒ Agency referral ☐ Client/Self-referral ☐ SCHW event referral ☐ Virtual outreach follow-up

Agency referral

Visit date

MM/DD/YYYY

Child/Children

First Name	Last Name	Date of Birth
		MM/DD/YYYY

Parent(s)

First Name

Last Name

Date of Birth

MM/DD/YYYY

☐ Add Parent

# Step by Step Instructions

formcatalog.hennepin.us/hhs/public\_health/family\_health/AF10055.html

HENNEPIN COUNTY  
MINNESOTA

Anonymous

## Child and Teen Checkups referral

Referral type

☒ Agency referral ☐ Client/Self-referral ☐ SCHW event referral ☐ Virtual outreach follow-up

Agency referral

Visit date

MM/DD/YYYY

Choose Agency referral to open form

Provide Date of clinic visit  
Add name(s) and birth dates of children  
who require assistance (use plus sign to  
add more than one child)

Child/Children

First Name	Last Name	Date of Birth
		MM/DD/YYYY

Parent(s)

First Name Last Name Date of Birth

MM/DD/YYYY

☐ Add Parent

Family or MA case number Phone number\* Type

☐ Home ☐ Cell

Parent(s)

First Name Last Name Date of Birth

MM/DD/YYYY

☐ Add Parent

Family or MA case number Phone number\* Type

☐ Home ☐ Cell

Referring Agency

☐ Bloomington Public Health ☐ BT ☐ HUG ☐ NIS ☐ Minneapolis Public Schools ☒ Other

Please specify referring agency

Referring Agency Worker

Interpreter

☐ Not Needed ☐ Spanish ☐ Somali ☐ Hmong ☐ Other

Parent Name and phone number must be completed.  
Use "Other" for Referring Agency and specify clinic name.  
Referring Agency Worker must also be completed

The Child and Teen Checkups Program is a preventive health care program for children, youth, and young adults from birth through age 20 on Medical Assistance.

### Check all that apply

Are you (if under age 21) and your child(ren) ...

- ☐ Up to date with health/dental checkups?
- ☐ Up to date with vaccines?
- ☐ Pregnant or within 3 months postpartum?

Do you need help...

- ☐ Finding a medical clinic?
- ☐ Making a medical appointment?



# What Happens to Referrals?

Is assigned within one business day to a SCHW

Receives a call within 3 business days

If there's no answer, SCHW leaves a Voice Mail

Will receive a second call within 10 days

# A GOOD Referral starts with YOU!

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client

ceiving  
ounty

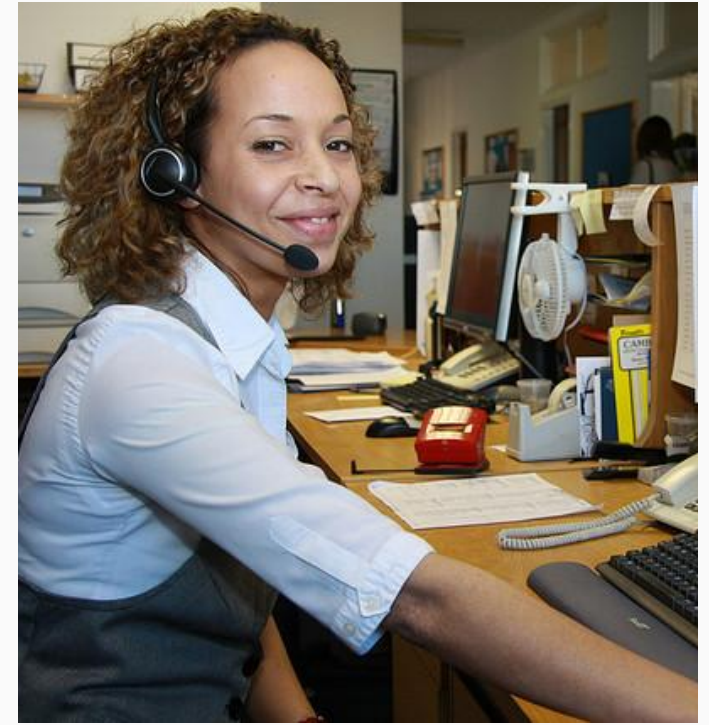
al  
call



# We help families...

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- Find a medical or dental clinic and help make appointments
- Arrange transportation for medical and/or dental appointments
- Follow up with referrals to specialists
- Arrange interpreter services
- Connect families to resources



# QUESTIONS



# Child and Teen Checkups



[checkups@hennepin.us](mailto:checkups@hennepin.us)



612-348-5131